



QRMH8

**QUALITATIVE
RESEARCH
on MENTAL HEALTH**



ONLINE 09-11.09.2021

Qualitative Research in Mental Health: Trajectories Towards a New Era

ONLINE | September 9-11, 2021

Conference Chairs



Angela Abela

University of Malta, Malta

Maria Borcsa

University of Applied Sciences
Nordhausen, Germany

National Committee

Natasha Azzopardi Muscat, *Department of Health Services Management, Faculty of Health Sciences, University of Malta*

John Cachia, *Commissioner for Mental Health*

David Cassar, *Department of Psychiatry, Faculty of Medicine and Surgery, University of Malta*

Greta Darmanin Kissaun, *Department of Psychology, Faculty for Social Wellbeing, University of Malta*

Marvin Formosa, *Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta*

Pierre Gallea, *Representative Alliance for Mental Health, Malta*

Paulann Grech, *Department of Mental Health, Faculty of Health Sciences, University of Malta*

Dione Mifsud, *Department of Counselling, Faculty for Social Wellbeing, University of Malta*

Clarissa Sammut Scerri, *Department of Family Studies, Faculty for Social Wellbeing, University of Malta*

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Jerry Gale, *University of Georgia, Athens, United States of America*

Eugenie Georgaca, *Aristotle University of Thessaloniki, Greece*

Vilma Hänninen, *University of Eastern Finland, Finland*

Julia Hille, *University of Applied Sciences Nordhausen, Germany*

Philia Issari, *University of Athens, Greece*

Lorien Jordan, *Mercer University, United States of America*

Sharalyn Jordan, *Simon Fraser University, Canada*

Anne Kraye, *Bangor University, United Kingdom*

Juri Krivzov, *Ghent University, Belgium*

Linda McMullen, *University of Saskatchewan, Canada*

Hugh Middleton, *University of Nottingham, United Kingdom*

Constantina Papoulias, *King's College London, United Kingdom*

Rachel Ravid, *Oranim Academic College of Education, Israel*

Katia Romelli, *Maternal and Infant Health Department - ASST Valle Olona @ University of Milano-Bicocca, Italy*

Rita Sørly, *Northern Research Institute, Norway*

Gesine Sturm, *Université Toulouse- Jean Jaurès, France*

Sandra Walker, *University of Southampton, United Kingdom*

Chair Message

Dear Presenters and Participants!

A warm welcome to all contributors of the 8th QRMH conference from all over the world! We are sorry not to be able to greet you in person at the Valletta campus of the University of Malta. Nonetheless, we are very much looking forward to our online-conference, and we hope to have meaningful encounters and moments of inspiration during our time together.

The incidence of mental health problems continues to increase worldwide with untold and often-ignored negative effects on the social and economic wellbeing of individuals, families and society. This is in part due to major demographic and epidemiological transitions. Statistics are expected to continue to rise, as suicide, premature mortality rates linked with mental disorders or dementia are still not included in the global burden of mental health problems. Covid-19 has further exacerbated the mental health of many across the globe. It alerted us the notion of inequity for those living in middle and low-income countries, and even for those in rich states. The World Federation for Mental Health is in fact putting this year's focus on inequality with the theme 'Mental Health in an unequal World'. The theme is in tune with the human rights based philosophy that the conference is adopting. It highlights the right for support and care, the right to dignity and freedom and the rights of vulnerable populations including those who are fleeing from conflict and war.

The workshops, various symposia, papers and posters on a wide range of issues from social scientists of different academic disciplines attest to the increasing importance of qualitative research in the area of mental health. The keynote speakers come from different backgrounds as well, including psychiatry, psychology, gerontology and anthropology; they share with us their qualitative research in the area of mental health services, studies on aging and on migration. The various contributions reflect the realities present in diverse cultural contexts and provide insight into innovative research being carried out in the respective areas around the world.

We hope that the conference experience will motivate newcomers and longstanding participants alike to come back to meet in person in two years' time. This is what happened to both of us. The sense of community among the contributors and the level of scholarship present encouraged us to build meaningful connections and continue conversations from one conference to the next.

Have a great conference experience!

Angela Abela and Maria Borcsa

Keynote Speakers

Daniela DeBono

Senior Lecturer / University of Malta, Malta

Daniela DeBono is a Resident Academic at the University of Malta. She is also an Affiliate of the Malmö Institute for the Studies of Migration, Welfare and Diversity (MIM). Previously she was Associate Professor in International Migration and Ethnic Relations at the Department of Global Political Studies, Malmö University. She held a Marie Curie COFAS Research Fellowship at the Robert Schuman Centre for Advanced Studies at the European University Institute and was a Research Fellow at MIM. She was awarded a doctorate from the University of Sussex, where she was based at the Sussex Centre for Migration Research; and the Associate Professorship from Malmö University. She has conducted long-term ethnographic research on irregularised migration across the Mediterranean, border control and management in Malta, Lampedusa and Western Sicily. She also undertook an ethnographic study on deportation from Sweden. In relation to these projects, she has published on irregularised migration in the Mediterranean, hospitality and humanitarianism in the immigration field, on return and deportation from the EU, on citizenship and on children's rights.

Daniela is the country expert for Malta at the Global Citizenship Observatory, European University Institute and has authored a series of reports on citizenship law and policy, naturalisation and access to electoral rights.



Keynote Speakers

Stefan Priebe

Professor of Social & Community Psychiatry / Queen Mary University of London, United Kingdom

Stefan Priebe graduated in Psychology and Medicine, and qualified as Neurologist, Psychiatrist and Psychotherapist. He was Head of the Department of Social Psychiatry at the Free University Berlin, and since 1997 has been Professor for Social and Community Psychiatry at Queen Mary, University of London (QMUL). He is also Director of the WHO Collaborating Centre for Mental Health Service Development and the NIHR Global Health Research Group for Developing Psycho-Social Interventions.

He heads a research group in East London which runs several programmes focusing on understanding and utilising social interactions to reduce mental distress. In this research both quantitative and qualitative methods have been extensively used.



William (Bill) Randall

Professor of Gerontology / St. Thomas University (STU), Canada

William (Bill) Randall is Professor of Gerontology at St. Thomas University, New Brunswick, Canada. A graduate of Harvard University, Princeton Theological Seminary, and the University of Toronto, he has helped to pioneer a unique approach to the study of aging known as Narrative Gerontology. Principal co-organizer of three international conferences called Narrative Matters (in 2002, 2004, and 2010), and co-editor of the online journal, Narrative Works, he is author or co-author of over 60 publications, including the books: *The Stories We Are* (University of Toronto Press, 1995/2014), *Reading Our Lives* (Oxford University Press, 2008), and *The Narrative Complexity of Ordinary Life: Tales from the Coffee Shop* (Oxford 2015). Outside of his native Canada, he has presented on his research to colleagues in the US, the UK, the Netherlands, Sweden, Germany, Norway, Denmark, Iceland, France, The Czech Republic, and Spain. Among his more recent research interests are “narrative resilience” in later life and “narrative care” in promoting emotional well-being among older adults.



Pre-conference Workshops

Post-structuralist discourse analysis in psychotherapy research

Evrinomy Avdi, *Aristotle University of Thessaloniki, Greece*

Eugenie Georgaca, *Aristotle University of Thessaloniki, Greece*

Single case study methodology and metasynthesis in psychotherapy research

Juri Krivzov, *Ghent University, Belgium*

Reitske Meganck, *Ghent University, Belgium*

What makes qualitative research 'research'?

Carla Willig, *City University of London, United Kingdom*

Ethical considerations when conducting qualitative research in mental health in low- and middle-income countries

Anne Kraye, *Bangor University, United Kingdom*

Rebecca McPhillips, *University of Manchester, United Kingdom*

Conversation analysis in the study of therapeutic encounters: therapy of a grieving couple as a hands-on exercise

Bernadetta Janusz, *Jagiellonian University, Poland*

Anssi Peräkylä, *University of Helsinki, Finland*

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Check-in here**

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Log-in here**

Online Secretariat | Helpdesk

Guidelines on how to access the platform, present your paper, interact with other participants etc., can be found in the Media Library.

If you need assistance, you may contact the helpdesk through the Help Session (at the top of each day's agenda). The helpdesk will operate during the following hours:

Thursday, September 9th: 9.00-18.45

Friday, September 10th: 10.00-19.30

Saturday, September 11th: 9.00-15.45

You can also contact the secretariat at qrmh8@symvoli.gr



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SPECIAL THANKS TO



Springer

Virtual Social Programme

Film Screening
Friday, September 10th at 19.30



“Simshar” by Rebecca Cremona

Simshar is based on the true story of a Maltese fishing family which shocked the island in 2008, as well as the incident in the same year of a Turkish ship rescuing stranded migrants between Italy and Malta with neither country allowing disembarkation.

Simshar was Malta’s first ever submission to the Academy Awards and internationally released film. A box office hit in Malta, its theatrical release in Australia, France and Tunisia was met with critical praise. It also screened in several festivals worldwide winning 15 awards, including the Special Achievement award at the 64th edition of Mannheim-Heidelberg International Film Festival.

“Malta’s first Oscar entry is a beautifully shot, dark drama...with a gut wrenching twist.”
- THE WRAP

“... a rare Maltese production. Inspired by true events, it tells an engrossing story of how socio-political influences contributed towards a set of unfortunate events in the Mediterranean.” - AWARD CIRCUIT

“Malta - a European island nation near Italy - is often used as astonishing location for big budget studio films. This year, however, “Simshar,” a great immigration drama will represent the country. - INDIEWIRE

“all the players here are utterly –convincing and the cinematography offers more than just a travelogue of a beautiful part of the world.” - THE AUSTRALIAN

LE TEMPS



CONFERENCE TIMETABLE

THURSDAY, September 9th

THURSDAY 09.09

9.30-12.30 PRE-CONFERENCE WORKSHOPS

9.30-12.30 | Post-structuralist discourse analysis in psychotherapy research

Evrinomy Avdi, Aristotle University of Thessaloniki, Greece

Eugenie Georgaca, Aristotle University of Thessaloniki, Greece

10.00-12.30 | Single case study methodology and metasynthesis in psychotherapy research

Juri Krivzov, Ghent University, Belgium

Reitske Meganck, Ghent University, Belgium

10.00-12.30 | What makes qualitative research 'research'?

Carla Willig, City University of London, United Kingdom

10.00-12.30 | Ethical considerations when conducting qualitative research in mental health in low- and middle-income countries

Anne Kraye, Bangor University, United Kingdom

Rebecca McPhillips, University of Manchester, United Kingdom

12.30-13.00

BREAK

13.00-13.30

OPENING CEREMONY

13.30-14.30 KEYNOTE LECTURE

Qualitative research and the future of mental health care

Stefan Priebe

Chair: Angela Abela, University of Malta, Malta

14.30-14.45

BREAK

14.45-16.30

Parallel #1

14.45-16.30 SYMPOSIUM

Egalitarian role distribution between parents: motivations, success factors, and experiences with an egalitarian role distribution between parents after the birth of a child and the influence of corona lockdown regulations on the role distribution

Chair: Tirza Patella, Technische Universität Dresden, Germany

Discussant: Ronja Schaber, Technische Universität Dresden, Germany

Motivational factors leading couples to pursue an equal parental role distribution

Tirza Patella, Ronja Schaber, Josefine Simm, Technische Universität Dresden, Germany

Susan Garthus-Niegel, Technische Universität Dresden, Medical School Hamburg, Germany,

Norwegian Institute of Public Health, Norway

Success factors and skills for an egalitarian role distribution between parents after the birth of a child

Ronja Schaber, Josefine Simm, Tirza Patella, *Technische Universität Dresden, Germany*
Susan Garthus-Niegel, *Technische Universität Dresden, Germany, Medical School Hamburg, Germany, Norwegian Institute of Public Health, Norway*

Personal experiences of living an egalitarian family model and the impact on future family planning

Josefine Simm, Ronja Schaber, Tirza Patella, *Technische Universität Dresden, Germany*
Susan Garthus-Niegel, *Technische Universität Dresden, Germany, Medical School Hamburg, Germany, Norwegian Institute of Public Health, Norway*

How to organize a lockdown in society's smallest entity? challenges egalitarian couples with small children had to face during the sars-cov-2 (coronavirus) lockdown in Germany in spring 2020

Stefanie Dost, Ronja Schaber, *Technische Universität Dresden, Germany*
Susan Garthus-Niegel, *Technische Universität Dresden, Germany, Medical School Hamburg, Germany, Norwegian Institute of Public Health, Norway*

14.45-16.30 SYMPOSIUM

Roles of arts in the study of mental health

Chair: Anu Rissanen, *University of Jyväskylä, Finland*

Discussant: Maria Borcsa, *University of Applied Sciences Nordhausen, Germany*

Here, somehow. A short film of experiences in mental hospital

Kirsi Heimonen, *University of the Arts Helsinki, Finland*

Exploring the spatialities of mental ill-health through and for applied theatre

Saara Jäntti, *University of Jyväskylä, Finland*

Heroines: empowering women through writing therapy

Karoliina Maanmieli, *University of Jyväskylä, Finland*

Elements of nature and significant gazes: visual symbols in the pictures made by Finnish psychiatric patient

Sari Kuuva, *University of Jyväskylä, Finland*

14.45-16.30 THEMATIC SESSION

Biographical approaches to mental health

Chair: Anastasia Zissi, *University of the Aegean, Greece*

The sound of silence: using the biographic-narrative interpretive method to facilitate story telling of marginalised groups

Maria Haarmans, *University of Manchester, United Kingdom*

Alicia Stringfellow, *Cardiff University, United Kingdom*

Broken minds: biographical approach to the history of mental care

Kirsi Tuohela, *University of Turku, Finland*

Social stigma and identity: findings of a biographical study with persons in severe mental distress

Anastasia Zissi, *University of the Aegean, Greece*

Eugenie Georgaca, *Aristotle University of Thessaloniki, Greece*

John Cromby, *University of Leicester, United Kingdom*

Tracing the role of social factors in biographical trajectories of individuals with experience of psychosis

Eugenie Georgaca, *Aristotle University of Thessaloniki, Greece*
Anastasia Zissi, *University of the Aegean, Greece*

14.45-16.30 THEMATIC SESSION

Narratives of patients suffering from physical illness

Chair: Athena Androutsopoulou, *Logo Psychis - Training and Research Institute for Systemic Psychotherapy, Greece*

Cancer survivors: a study of the lived experience of what cancer patients find therapeutic in psychotherapy

Gabriella Cassar, *Mater Dei Hospital, Malta*
Greta Darmanin Kissaun, *University of Malta, Malta*

Family history of adults with multiple sclerosis: a qualitative research

Stavroula Kafritsa, Nikolaos Takis, *The American College of Greece, Greece*

Psychotherapy of patients with medically unexplained symptoms: what can we learn from qualitative research?

Juri Krivzov, *Ghent University, Belgium*

'Helicopters to the rescue'- narrative characteristics in the dream stories of cancer patients with a positive illness course

Athena Androutsopoulou, Eleni Tarnara, *Logo Psychis - Training and Research Institute for Systemic Psychotherapy, Greece*
Charikleia Tsatsaroni, *Ministry of Health-Organization Against Drugs, Greece*

14.45-16.30 THEMATIC SESSION

Loss and grief

Chair: Roberta Attard, *University of Malta, Malta*

When a parent dies: early childhood loss and mental health

Roberta Attard, *University of Malta, Malta*

The two faces of spirituality in time of traumatic loss: a thematic analysis study

Michael Galea, *University of Malta, Malta*

The experience of loss following the death of a husband who has been abusive

Gloria Spiteri, *Hospice Malta, Malta*
Clarissa Sammut Scerri, *University of Malta, Malta*

16.30-16.45

BREAK

16.45-18.30 SYMPOSIUM

Suicide and suicide prevention in different cultural contexts

Chairs: Diana van Bergen, *University of Groningen, The Netherlands*
Erminia Colucci, *Middlesex University, United Kingdom*

Discussants: Ozlem Eylem, *Vrije University Amsterdam, The Netherlands*
Erminia Colucci, *Middlesex University, United Kingdom*
Diana van Bergen, *University of Groningen, The Netherlands*

Community-based suicide prevention for low-and-middle-income countries, immigrant and refugee populations: the suicide first aid guidelines approach

Erminia Colucci, *Middlesex University, United Kingdom*

Attempted suicide and suicide of young turkish women in europe, and turkey: a systematic literature review of characteristics and precipitating factors

Diana van Bergen, *University of Groningen, The Netherlands*

Ozlem Eylem, *Vrije University Amsterdam, The Netherlands*

Amanda Heredia Montesinos, *Psychiatric University Clinic of Charité at St. Hedwig Hospital, Germany*

Understanding suicide deaths of lesbian, gay, bisexual or questioning girls in the Netherlands

Diana van Bergen, Saskia Merelle, Renske Gilissen, Arne Popma, Elias Balt, Daan Creemers, Lieke van Domburgh, Wico Mulder, Sanne Rasing, Onno Sijperda, Renske Gilissen, *DAISY - Dutch Alliance Investigating Suicide Among Youth, The Netherlands*

16.45-18.30 SYMPOSIUM

How do hypotheses emerge in clinical work?

Chair: Caroline Winkopp, *University of Mons, Belgium*

Discussant: Sandie Meillerais, *University of Mons, Belgium*

The concept of clinical hypothesis: what about the state of the art?

Jennifer Denis, Mathilde Meriaux, Caroline Winkopp, *University of Mons, Belgium*

The explanatory interview as a tool for understanding the emergence of a clinical hypothesis

Mathilde Meriaux, Caroline Winkopp, Jennifer Denis, *University of Mons, Belgium*

The construction of a hypothesis: 3 clinical illustrations

Caroline Winkopp, Jennifer Denis, Mathilde Meriaux, *University of Mons, Belgium*

16.45-18.30 THEMATIC SESSION

Family and community support in mental health

Chair: Maeve Malley, *Oxleas NHS Foundation Trust, United Kingdom*

Initial family meetings in adult mental health: exploring the mechanisms of change

Derek Batten, Lucy Hickey, Ryan Holmes, Maeve Malley, Naureen Whittinger, *Oxleas NHS Foundation Trust, United Kingdom*

The perceived impact of caregiving on the couple relationship, when an adult child has a severe mental illness

Paula Caruana, Angela Abela, *University of Malta, Malta*

Negotiating relationships and resources: a longitudinal qualitative study examining the role of personal communities of support in managing severe mental health problems

Anne Rogers, *University of Southampton, United Kingdom*

Helen Louise Brooks, *University of Liverpool, United Kingdom*

Caregiving experiences of Indian families in psychiatric context: insights from a narrative exploration

Bidisha Banerjee, *BITS (Birla Institute of Technology and Science), India*

16.45-18.30 THEMATIC SESSION

Social discourse surrounding mental health

Chair: Paulann Grech, *University of Malta, Malta*

A document analysis of newspaper articles in Malta

Paulann Grech, Alexei Sammut, Josianne Scerri, Michael Galea, *University of Malta, Malta*

Understanding mental health literacy among young people aged 11-15 in Java, Indonesia: a qualitative study incorporating photo elicitation methods

Helen Brooks, *University of Liverpool, United Kingdom*

Irnansyah Irmansyah, *National Institute of Health Research and Development, Indonesia*

Marzoeki Mahdi, *Mental Hospital Bogor, Indonesia*

Benny Prawira, *Into the Light, Indonesia*

Karina Lovell, Rebecca Pedley, Penny Bee, *University of Manchester, United Kingdom*

The individualisation of depression: representations of depression in the Cypriot public

Maria Orphanidou, Irini Kadianaki, *University of Cyprus, Cyprus*

Re-legitimizing depression and the use of antidepressants in the face of public critiques

Linda McMullen, Erin Sthamann, *University of Saskatchewan, Canada*

16.45-18.30 THEMATIC SESSION

Service-user perspectives in adult mental health

Chair: Rebecca Mouyi, *University of Cyprus, Cyprus*

Recovery and negative symptoms in psychosis: a service-user perspective

Nienke Moernaut, *Ghent University, Belgium*

Life experiences inside a mental rehabilitation center in Cyprus: residents' views about their lives and relationships inside the center

Rebecca Mouyi, Irini Kadianaki, *University of Cyprus, Cyprus*

Capturing mental health recovery: photo elicitation study into service users' experiences of a rehabilitation and recovery service

Penn Smith, *Leeds Beckett University, United Kingdom*

Anna Madill, *University of Leeds, United Kingdom*

18.30-18.45

BREAK

18.45 WELCOME ONLINE MEETING & QRMH7 BOOK LAUNCH

FRIDAY, September 10th

10.00-11.45

Parallel #3

10.00-11.45 SYMPOSIUM

Relational mind symposium: micro-analytic and multi-modal case studies on meaning making processes in individual and couple therapy

Chair: Virpi-Liisa Kykyri, *University of Jyväskylä, University of Tampere, Finland*

Discussant: Eugenie Georgaca, *Aristotle University of Thessaloniki, Greece*

Exploring conversational and physiological aspects of psychotherapy talk

Evrinomy Avdi, *Aristotle University of Thessaloniki, Greece*

Chris Evans, *The University of Sheffield, United Kingdom*

Addressees in systemic couple therapy - the creation of a therapeutic system

Julia Hille, *Otto von Guericke University Magdeburg, Germany*

Maria Borcsa, *University of Applied Sciences Nordhausen, Germany*

Meaning making in couple therapy: a case study using stimulated recall interviews

Virpi-Liisa Kykyri, *University of Jyväskylä, University of Tampere, Finland*

Jarl Wahlström, *University of Jyväskylä, Finland*

10.00-11.45 THEMATIC SESSION

LGBTQ+

Chair: Rosa Town, *University College London, United Kingdom*

A qualitative investigation of the barriers and facilitators to LGBTQ+ young people's self management of their mental health

Rosa Town, Daniel Hayes, Peter Fonagy, Emily Stapley, *University College London, United Kingdom*

A qualitative study assessing the mental well-being of maltese LGBTQI+ university students and acceptance within family, peers and social circles

Enya Sammut, *Mater Dei Hospital, Malta*

Daniel Vella Fondacaro, *Mount Carmel Hospital, Malta*

I'm still very much a part of a "don't ask, don't tell" family: how the code of silence effects millennial LGBTQ+ mental health

Rene Drumm, *University of Southern Mississippi, United States of America*

10.00-11.45 THEMATIC SESSION

The voice of children and adolescents in mental health services

Chair: Signe Hjelen Stige, *University of Bergen, Norway*

"I'm just a long history of people rejecting referrals" experiences of young people who fell through the gap between child and adult mental health services

Rebecca Appleton, Farah Elahi, Helena Tuomainen, Alastair Canaway, Swaran Singh, *University of Warwick, United Kingdom*

How can qualitative approaches in research engage with children to enable their feedback on therapy provision?

Daniel Mercieca, *Caritas Malta, Malta*

Use of LEGO serious play - a novel mental health research method for exploring the experiences and satisfaction of children and young people with the 0-19 service model

Frane Vusio, Andrew Thompson, Max Birchwood, *University of Warwick, United Kingdom*

Facilitating adolescents with low trust in adults to share their perspectives on mental health providers - lessons from a failed attempt

Signe Hjelen Stige, *University of Bergen, Norway*

10.00-11.45 THEMATIC SESSION

Parenthood during the perinatal period

Chair: Reitske Meganck, *Ghent University, Belgium*

Transitions to motherhood during the COVID-19 pandemic: when the village disappears

Reitske Meganck, *Ghent University, Belgium*

The journey of transformation of first-time mothers to very preterm infants in Greece

Nantina Panagou, Chrysoula Karakitsou, *The American College of Greece, Greece*

The perinatal and early years' experience of motherhood in the context of borderline personality disorder

Charlene Aquilina, *Clinical Psychologist and Family Therapist, Malta*
Angela Abela, *University of Malta, Malta*

10.00-11.45 THEMATIC SESSION

The use of creative therapeutic approaches

Chair: Ann Sterckx, *University of Antwerp, Belgium*

Yoga-integrated psychotherapy for emotion dysregulation

Jasmine Childs-Fegredo, *University of the West of England, United Kingdom*

Nabuco: nature burnout coaching. a social-innovative, interdisciplinary and naturebased approach to prevention and treatment of burnout

Ann Sterckx, Hans Keune, Roy Remmen, *University of Antwerp, Belgium*

L'utilisation de l'art dans les soins: revue systématique

Sandie Meillerais, Jennifer Denis, *University of Mons, Belgium*
Baptiste Barbot, *Institut de recherche en Sciences Psychologiques, Belgium*

Together for mental health: visual methodologies for mental health and human rights research and activism

Erminia Colucci, *Middlesex University, United Kingdom*

10.00-11.45 THEMATIC SESSION

Substances

Chair: Aline Pouille, *Ghent University, Belgium*

**Constructing stories of the self following the first-
psychotic episode and substance misuse**

Justine Attard, *University of Malta, Malta*
Greta Darmanin Kissaun, *University of Malta, Malta*

Recovery and diversity: recovery processes of substance users with a migration background

Aline Pouille, Freya Vander Laenen, Wouter Vanderplasschen, *Ghent University, Belgium*

Alcohol Abuse in Case of Sudden Loss of a Partner - A Case Study in the Context of Relational Family Therapy

Tanja Valenta, *Franciscan Family Institute, United States of America*

Investigating recovery from substance misuse using digital Photovoice

Emma Smith, Melody Carter, Paul Hazell, Elaine Walklet, *University of Worcester, University of Gloucester, United Kingdom*

11.45-12.00

BREAK

12.00-13.30

Parallel #4

12.00-13.30 SYMPOSIUM

Moral judgments in child psychiatry

Chair: Samuel Lézé, *École normale supérieure de Lyon, France*

Discussant: Emmanuel Delille, *Mayence University, Germany*

Moralization through medicalization: ADHD as a new moral form

Cemre Güneş Sengul, *École normale supérieure de Lyon, France*

Children's conduct disorder and professional unrest in the emergency room: an ethnographic survey in France

Yannis Gansel, *ENS de Lyon, France*

Dealing with "bad" parents without blaming them: An ethnography of parent - mediated interventions for autistic toddlers in France

Mathias Winter, *ENS de Lyon, France*

12.00-13.30 SYMPOSIUM

Navigating diversity in foster care

Chair: Diana van Bergen, *University of Groningen, The Netherlands*

Discussant: Rodrigo González Álvarez, *University of Groningen, The Netherlands*

The many faces of resilience among LGBTQIA+ youth in care

Rodrigo González Álvarez, Mijntje ten Brummelaar, Mónica López López, *University of Groningen, The Netherlands*

Foster care in a religious diverse society: navigating religious differences while realizing children's socio-psychological wellbeing

Brenda Bartelink, Diana van Bergen, *University of Groningen, The Netherlands*

Ethical reflection on moral dilemmas in transreligious fostercare

Diana van Bergen, *The University of Groningen, The Netherlands*

Sawitri Saharso, *Vrije university of Amsterdam, The Netherlands*

Clementine Degener, *Rotterdam University of Applied Sciences, The Netherlands*

Brenda Bartelink, *The University of Groningen, The Netherlands*

FRIDAY 10.09

12.00-13.30 THEMATIC SESSION

Ethics

Chair: Marina Morrow, *York University, Canada*

Realizing human rights and equity in community based mental health services

Marina Morrow, *York University, Canada*

Ethical encounters in creative mental health work for young adults

Elina Ikävalko, *University of Helsinki, Finland*

12.00-13.30 THEMATIC SESSION

Method

Chair: Lene Lauge Berring, *University of Southern Denmark, Denmark*

Using interviews for research on migrants' sense of belonging

Basem Mahmud, *University of Granada, Spain*

Exploring the dynamics of a research partnership in a cooperative inquiry: A qualitative study

Lene Lauge Berring, Niels Buus, *University of Southern Denmark, Denmark*

Lisbeth Hybholt, *Psychiatry Region Zealand, Denmark*

A multi-layered approach of patient agency: applying the listening guide to a patient's narratives

Emma Acke, Melissa De Smet, Reitske Meganck, Kimberly Van Nieuwenhove, *University of Ghent, Belgium*

12.00-13.30 THEMATIC SESSION

Family therapy approaches

Chair: Saša Poljak Lukek, *University of Ljubljana, Slovenia*

The process of change in relational family therapy in the treatment of alcohol addiction

Saša Poljak Lukek, *University of Ljubljana, Slovenia*

How to integrate the body and movement into systemic therapy: a video analysis of movement oriented systemic therapy sessions

Katharina Weitkamp, *Universität Zürich, Switzerland*

Eléen Wriede, *MSH Medical School Hamburg, Germany*

Action research approach in psychotherapy: a case of relational family therapy with an alcoholic client

Barbara Simonič, *University of Ljubljana, Slovenia*

13.30-14.30

LUNCH BREAK

QRMH9 DISCUSSION GROUP

14.30-15.30 KEYNOTE LECTURE

Telling our stories in ways that make us stronger: Narrative resilience, narrative care, and the narrative challenges of later life

William L. (Bill) Randall

Chair: Angela Abela, *University of Malta, Malta*

15.45-17.15 SYMPOSIUM

Multifamily therapy after first episode of psychosis**Chair/ Discussant:** Valeria Pomini, National & Kapodistrian University of Athens, Greece**The Athens multifamily therapy project**

Mirjana Selakovic, Sismanoglio General Hospital, Greece

Dimitris Galanis, EPAPSY- Community Psychiatry Institution, Greece

Eva Frankiadaki, University of West of England, United States of America

Pica Theodoropoulou, Sismanoglio General Hospital, Greece

Valeria Pomini, National & Kapodistrian University of Athens, Greece

It created a sense of one family”: the impact of multi - family systemic group therapy for families with children with a psychotic episode

Evangelia Fragkiadaki, University of the West of England, United Kingdom

Mirjana Selakovic, Sismanoglio General Hospital, Greece

Dimitris Galanis, EPAPSY- Community Psychiatry Institution, Greece

Valeria Pomini, National & Kapodistrian University of Athens, Greece

Systemic multifamily therapy in high-care rehabilitation community

Patrizia Frongia, Carlos Tapia, High-Care Rehabilitation Community, Italy

15.45-17.15 SYMPOSIUM

After trauma: narrative and applied approaches**Chair:** Felix Diaz, American University in Bulgaria, Bulgaria**Discussant:** Eugenie Georgaca, Aristotle University of Thessaloniki, Greece**Meaning beyond the absurd: an existentialist reading of exile narratives**

Felix Diaz, American University in Bulgaria, Bulgaria

Sensitive self harm and mental health research in south**Asia: how to best support local researchers**

Anne Krayner, Bangor University, United Kingdom

Sudeep Das, South Asia Self-Harm Initiative (SASHI), Mysore, India

Rob Poole, Bangor University, United Kingdom

Murali Krishna, South Asia Self-Harm Initiative (SASHI), Mysore, India

Spatial agency and wellbeing amongst children living in a context of armed conflict and political violence. A qualitative exploration of children's everyday spatial practices in Palestine

Guido Veronese, Federica Cavazzoni, University of Milano-Bicocca, Italy

Cindy Sousa, Bryn Mawr College, United States of America

Hala Shoman, Durham University, United Kingdom

Adult women with childhood experiences of domestic violence: legacies of trauma experiences and resilience as a context for understanding self and one's significant relationships

Clarissa Sammut-Scerri, Arlene Vetere, Angela Abela, University of Malta, Malta

15.45-17.15 THEMATIC SESSION

Method

Chair: Sonja Teupen, *Deutsches Zentrum für Neurodegenerative Erkrankungen, Witten/Herdecke University, Germany*

From monologue to dialogue in mental health care research: reflections on changing researcher positions

Clara De Ruyscher, *Ghent University, Belgium*

Meta-synthesis of published single case studies on psychotherapy dropout

Liza Notaerts, Mattias Desmet, Reitske Meganck, *Ghent University, Belgium*

Analysing qualitative data from people with dementia: a scoping review of methodological considerations

Sonja Teupen, Jonathan Serbser-Koal, Franziska Laporte Uribe, Claudia Dinand, *Deutsches Zentrum für Neurodegenerative Erkrankungen, Witten/Herdecke University, Germany*

15.45-17.15 THEMATIC SESSION

Culture-specific aspects of suicide

Chair: Jeanne Marecek, *Swarthmore College, United States of America*

Against “suicidal behaviour disorder”: culture-specific modes and morals of suicidal acts

Jeanne Marecek, *Swarthmore College, United States of America*

Pesticide suicide prevention in Nepal: rhetoric and practice

Gael Robertson, *University of Edinburgh, Scotland*

Biren Bangdel, *Independent Consultant, Nepal*

Leah Utyasheva, *University of Edinburgh, Scotland*

Knowledge, attitudes and experiences of suicide and self-harm in low and middle income countries: systematic review and meta-synthesis of qualitative research

Rebecca McPhillips, *University of Manchester, United Kingdom*

Anne Kraye, *Bangor University, United Kingdom*

Anam Elahi, Saqba Batool, Catherine Robinson, *University of Manchester, United Kingdom*

Sadia Nafees, *Bangor University, United Kingdom*

15.45-17.15 THEMATIC SESSION

The impact of mental health delivery service on professionals

Chair: Greta Darmanin Kissaun, *University of Malta, Malta*

Managing shame in supervision

Greta Darmanin Kissaun, *University of Malta, Malta*

Nurses' attitudes towards trauma-informed care at the state psychiatric hospital in Malta

Sarah Cilia Vincenti, *Mount Carmel Hospital, Malta*

Paulann Grech, Josianne Scerri, *University of Malta, Malta*

Children that change us: the lived experience of therapists that work with parentally bereaved children

Stephanie Borg Bartolo, Daisy Best, *Teesside University, United Kingdom*

17.15-17.30

BREAK

FRIDAY 10.09

P01. Because every picture has a story to tell: Photo elicitation study into staff and service users' experiences of a Rehabilitation and Recovery Service.Penn Smith, *Leeds Beckett University, United Kingdom*Anna Madill, *University of Leeds, United Kingdom***P02. Processus familiaux à l'œuvre dans l'adaptation des jeunes à la séparation parentale.**Alexandra Stolnicu, *Stéphan Hendrick, Université de Mons, Belgium***P03. Exploring loneliness in an Italian group of pre-frail older people: a secondary analysis of data from a qualitative study on the role of technology in supporting older people living alone.**Katia Daniele, *University of Milano-Bicocca, Italy*Lucia Zannini, Cesarina Cattaneo, Nunzio Alberto Borghese, Giuseppina Bernardelli, *University of Milan, Italy***P04. Linguistic analysis of schizophrenic patients' speech.**Csilla Egyed, Judit Fekete, *University of Pécs, Hungary***P05. The perspective of key stakeholders on the impact of reaccreditation.**Daniel Poremski, Irene Lim Siew Heok, Wei Xing, Tina Fang, *Institute of Mental Health, Buangkok Green, Singapore***P06. Mental health and well-being among parents of children with disability in South Asia: findings from a scoping review.**Sudeep Das, Murali Krishna, *South Asia Self-Harm Initiative (SASHI), Mysore, India*Anne Kraye, *Bangor University, United Kingdom*Catherine Robinson, *University of Manchester, United Kingdom***P07. 'The Listening Guide': What is it and how do I use it?**Martina Gerada, *City University of London, United Kingdom***P08. Research on the relationship between mothers and adult patients suffering from depression disorder.**Natalia Parkhomenko, *Saint-Petersburg State University, Russia*Babin Sergey, *North-Western State Medical University named after I.I.Mechnikov, Russia***P09. Experiences and satisfaction of children, young people and their parents with alternative mental health models to inpatient settings: a systematic review**Frane Vusio, Andrew Thompon, Latoya Clarke, Max Birchwood, *University of Warwick, United Kingdom***P10. "Perception of the use of the sense of humour in the therapeutic relationship, by mental health professionals: Analysis of stories"**Sergi Piñar Rodríguez, Montserrat Puig Llobet, Dolors Rodríguez Martín, *University of Barcelona, Spain***P11. The importance of organisational culture for leaders' behaviour and its impact on mental health in 'modern' organisations**Corinna Weber, Anja Wittmers, *Federal Institute for Occupational Safety and Health (BAuA), Germany***P12. Fostering and documenting social connectedness at school through arts: examples from creative expression workshops**Caroline Beauregard, *Université du Québec en Abitibi-Témiscamingue (UQAT), Canada*

P13. Exploring life coping skills through drama, theatre and storytelling – a qualitative study of high school students experience with participation in a preventive mental health intervention

Mette Bøe Lyngstad, *Western Norway University Applied Sciences, Norway*
Yngvild Sørebo Danielsen, *University of Bergen, Norway*

P14. A qualitative study of the special interests of people with autism spectrum disorder.

Marie Lizon, *Ghent University, Belgium*

P15. ‘It just feels like a more helpful, conducive environment to recovery’: Learning from and building on good practices on an acute specialist ward

Aneita Pringle, Emma Kaminskiy, *Anglia Ruskin University, United Kingdom*

P16. Family functioning and internal working models as interrelated contexts of child development and adaptation at pre-school age.

Petya Varcheva, *Sofia University “St. Kliment Ohridski”, Bulgaria*

P17. An elicitation analysis of parental perspectives regarding child neglect

Darcey Merritt, *New York University Silver School of Social Work, United States of America*

P18. Assessing parents transitioning from child welfare services oversight

Darcey Merritt, *New York University Silver School of Social Work, United States of America*

P19. Theory of mind and Schizophrenia

Judit Fekete, *University of Pécs, Hungary*

P20. The neglected target group: Middle managers’ role in psychosocial risk management.

Hanna Janetzke, *Hochschule Neubrandenburg, Germany*

P21. College students diagnosed with mental health disorders: a narrative of their level of satisfaction with college

Caroline Brackette, *Mercer University, United States of America*

P22. Perception of self-harm and attitudes towards people who self-harm among people who do not have self-harm experience

Roberta Pečiūraitė, *Vilnius University, Lithuania*

P23. Exploring sexuality and attitudes towards sex of second-generation Nigerian women of Athens, Greece

Anastasia Mouratidou, Aikaterini Psarropoulou, *The American College of Greece, Greece*

P24. Paradigmatic approaches in qualitative addictions research

Barbara Simonič, *University of Ljubljana, Slovenia*

P25. Dropout: a Qualitative Study of Premature termination in Psychotherapy

Liza Notaerts, Mattias Desmet, Reitske Meganck, *Ghent University, Belgium*

P26. Ethical aspects of qualitative case study research in the case of transgenerational patterns of alcohol abuse in the process of relational family therapy

Tanja Valenta, *Franciscan Family Institute, Slovenia*

P27. Development of in therapy affect regulation coding system - tar coding system

Saša Poljak Lukek, *University of Ljubljana, Slovenia*

18.30-19.15 Poster Award Ceremony

Chair: Maria Borcsa

19.30 VIRTUAL SOCIAL PROGRAMME

SATURDAY, September 11th

10.00-11.45

Parallel #6

09.00-11.45 WORKSHOP

Conversation analysis in the study of therapeutic encounters: therapy of a grieving couple as a hands-on exercise

Bernadetta Janusz, Jagiellonian University, Poland
Anssi Peräkylä, University of Helsinki, Finland

10.00-11.45 SYMPOSIUM

Recovery supportive working alliances between professionals of (community) psychiatry and users of their services

Chair: Michael May, RheinMain University of Applied Sciences, Germany

Discussant: Vera Dangel, RheinMain University of Applied Sciences, Germany

Theater- and video-based methods of enlightening relationships between mental health professionals and people who have been diagnosed as chronically mentally ill

Michael May, RheinMain University of Applied Sciences, Germany

Users' perspectives of affective attunements in (community)mental health institutions

Vera Dangel, RheinMain University of Applied Sciences, Germany

Affective attunement in userprofessional-interactions and the dynamics of latent resistance on the side of community mental health professionals

Lara Spiegler, Catholic University of Applied Sciences Mainz, Germany

14.45-16.30 THEMATIC SESSION

Implementing policy for mental health

Chair: Daumantas Stumbrys, Vilnius University, Lithuania

Implementing psychiatric advance directives in a traditionally paternalistic healthcare setting, Singapore

Stellar Hiu, Alex Su, Samantha Ong, Tina Fang, Daniel Poremski, Institute of Mental Health,
Singapore

Superior's challenges of labour integration of employees with mental health problems

Jannis Hergesell, Technical University Berlin, Germany

Health paradigms in political discourse: analysis of the Lithuanian parliament's debates on mental health issues in 2012-2020

Daumantas Stumbrys, Dainius Pūras, Vilnius University, Lithuania

Implementing the W.H.O. quality rights toolkit in mental health facilities in Greece

Eugenie Georgaca, Maria Pampouchidou, Panagiota Plataniti, Aikaterina
Vardoulaki, Aristotle University of Thessaloniki, Greece

Aikaterini Nomidou, SOFPSI N. SERRON, Greece, POSOPSI, Athens, Greece

Panagiotis Chondros, Panteion University of Social and Political Sciences, Greece

SATURDAY 11.09

10.00-11.45 THEMATIC SESSION

Refugee

Chair: Ashrafunessa Khanom, *Swansea University, United Kingdom*

“We don’t cure, we support”: teachers becoming psy-experts on refugee mental health

Tuuli Kurki, *University of Helsinki, Finland*

Detention of unaccompanied refugee minors (URMS) in Greece

Marina Rota, Floor Verhaeghe, Océane Uzureau, Malte Behrendt, Ine Lietaert, Ilse Derluyn, *Ghent University, Belgium*

Forced migrants’ hope and subjective well-being in a place

Basem Mahmud, *University of Granada, Spain*

The mental health of asylum seekers and refugees, who is supporting them?

Ashrafunessa Khanom, Bridie Evans, Alison Porter, *Swansea University, United Kingdom*

Gill Richardson, Lauren Couzens, *Public Health Wales, United Kingdom*

Helen Snooks, *Swansea University, United Kingdom*

10.00-11.45 THEMATIC SESSION

COVID-19

Chair: Eleonora Farina, *University of Milano Bicocca, Italy*

Italian parents’ perceived well-being during the emergency: pattern emotions and resources

Eleonora Farina, Alessandro Pepe, Elisabetta Biffi, *University of Milano Bicocca, Italy*

Women’s Mental Health during the Covid-19 Pandemic in North Macedonia

Irena Avirovic Budalevska, Makedonka Radulovic, Angelka Keskinova, *University “SS. Cyril and Methodius”, North Macedonia*

Never waste a crisis!?! - the impact of the COVID-19 crisis on the mental health of EDM DJs

Melanie Ptatscheck, *Cologne University of Music, Germany*

Sources of functioning as protective factors of mental health during COVID-19 lockdown: an exploratory study from the epicenter of a pandemic crisis

Alessandro Pepe, Elisabetta Biffi, Eleonora Farina, *University of Milano Bicocca, Italy*

11.45-12.00

BREAK

12.00-13.00 KEYNOTE LECTURE

Breaking the person: Humanitarianism, human rights and hospitality with newcomers in Europe

Daniela DeBono

Chair: Maria Borcsa, *University of Applied Sciences Nordhausen, Germany*

13.00-14.00

LUNCH BREAK

14:00-15:30 SYMPOSIUM

Conversation analysis in case studies in clinical settings**Chair:** Anssi Peräkylä, *University of Helsinki, Finland***Discussant:** Maria Borcsa, *University of Applied Sciences Nordhausen, Germany***Defining loss after the termination of pregnancy. conversation analysis case study of couple therapeutic process**Bernadetta Janusz, *Jagiellonian University, Poland***Psychiatric assessment in personality disorder: a single case analysis**Anssi Peräkylä, *University of Helsinki, Finland***Borderline personality traits in couple therapy setting - case presentation using multimodal ca**Bartłomiej Taurogiński, *Jagiellonian University, Poland*

14:00-15:30 SYMPOSIUM

Pictures - perspectives of individuals carers and therapists under research in treatment of personality disorders and depression**Chair:** Anna Bartak, *NPI (Arkin Institute of Mental Health Care), The Netherlands***Discussant:** Roos van Grieken, *NPI (Arkin Institute of Mental Health Care), The Netherlands***Patients' perspectives in how treatment can impede their recovery from depression: a qualitative interview study**Roos van Grieken, *NPI (Arkin Institute of Mental Health Care), The Netherlands*E. Beune, A. Kirkenier, M. Koeter, M. van Zwieten, *University of Amsterdam, The Netherlands*A. Schene, *University of Amsterdam, Radboud University Medical Center, The Netherlands***Recovery in psychotherapy for personality disorders: the perspective of patients, carers and therapists**Hannah van den Eshof, Roos van Grieken, Anna Bartak, H. Van, *NPI (Arkin Institute of Mental Health Care), The Netherlands*J. Dekker, M. Huibers, *NPI (Arkin Institute of Mental Health Care), Vrije University, Amsterdam, The Netherlands***Impeding factors in the treatment for personality disorders from the patient's, carer's and professional's perspective: a concept map study**Kim de Bruijn, Hannah van den Eshof, Roos van Grieken, Anna Bartak, H. Van, *NPI (Arkin Institute of Mental Health Care), The Netherlands*J. Dekker, M. Huibers, *NPI (Arkin Institute of Mental Health Care), Vrije University, Amsterdam, The Netherlands*

14:00-15:30 THEMATIC SESSION

Cultural context and treatment**Chair:** Bernhild Pfautsch, *Fulda University of Applied Sciences, Germany***Aspects of culturally and contextually adapted family therapy education in Cambodia**Bernhild Pfautsch, *Fulda University of Applied Sciences, Germany*

A social approach to mental health in the cultural context of Nepal: a case study

Bidya Maharjan, *Chhahari Nepal for Mental Health, Nepal*

Sumeet Jain, *University of Edinburgh, Scotland*

Mark Smith, *University of Dundee, Scotland*

Gael Robertson, *University of Edinburgh, Scotland*

Acculturation, appartenance et transformations identitaires: évaluation et analyse d'une pratique clinique en contexte d'interculturalité

Vera Tsenova, *ADDCAES - Association Départementale pour le Développement et la Coordination des Actions auprès des Étrangers de la Savoie, France*

15.30-15.45

BREAK

15.45

**Closing Ceremony
Announcing QRMH9**

SATURDAY 11.09

