

QRMH5

5TH QUALITATIVE
RESEARCH ON
MENTAL HEALTH

CHANIA, GREECE | 2-4.9.2014





5TH QUALITATIVE RESEARCH ON MENTAL HEALTH CONFERENCE

Practicing mental health: Qualitative approaches
to investigating services and interventions

September 2-4, 2014

Conference Venue:
Mediterranean Agronomic Institute of Chania (MAICH)

Organisers:

Evrinomy Avdi, *Aristotle University of Thessaloniki, Greece*
Eugenie Georgaca, *Aristotle University of Thessaloniki, Greece*

Organising Committee

Dariusz (Darek) Galasinski, *University of Wolverhampton, U.K.*
Wilma Hänninen, *University of Eastern Finland, Finland*
David Harper, *University of East London, U.K.*
Lisbeth Hybholt, *Aarhus University, Denmark*
Naomi James, *Goldsmiths, University of London, UK*
Linda McMullen, *University of Saskatchewan, Canada*
Hugh Middleton, *University of Nottingham, U.K.*
Jarl Wahlström, *University of Jyväskylä, Finland*

Conference Logo Concept



The city of Chania is located on the north-east coast of the Prefecture of Chania in Crete. Since ancient times, the city has faced many conquerors and bears the influences of many civilizationsthrough time, evident in Chania’s monuments. The city of Chania has managed to preserve its historical character and it is now considered one of the most beautiful cities of Greece as well as the most picturesque city of Crete.

During the Venetian and Ottoman periods, some of the most magnificent buildings of Chania were constructed; among them the city’s Venetian Port, the value of which was especially recognized during mid 19th century, as well as its potential to improve the local economy. This is when the port’s lighthouse was constructed, becoming a landmark for the city of Chania and ever since “spreading light” to the beauties of Chania’s past and present.

The city of Chania looks forward to welcoming the 5th Conference on Qualitative Research in Mental Health (September 2-4, 2014).

Practicing mental health: Qualitative approaches to investigating services and interventions

The Qualitative Research on Mental Health conference has been established as an international transdisciplinary forum for dedicated qualitative research on a range of topics in the field of mental health, using a variety of methodologies and approaches.

The 1st and 2nd Qualitative Research on Mental Health Conferences were held in Tampere, Finland, in 2006 and 2008, and the 3rd and 4th in Nottingham, U.K., in 2010 and 2012. Previous conferences attracted strong international interest with about 150 participants from a diversity of backgrounds, including service users, health and social care professionals, social scientists and health policy makers, and created a space for lively and enriching discussions. The 5th Qualitative Research in Mental Health Conference will take place from the 2nd to the 4th of September 2014, near the beautiful city of Chania, in Crete, Greece.

In several qualitative research trends, mental health is approached as a set of practices; these include the professional practices implicated in defining and treating mental distress, the practices through which individuals in distress live with, make sense of and manage their experiences, as well as the wider socio-cultural and institutional practices of understanding and dealing with human suffering. This conference invites qualitative studies, from a variety of disciplines, which describe these practices, their functions and their effects, examine the discourses associated with them, and explore how these practices are viewed and experienced by the parties involved. The conference aims to promote critical engagement with mental health practices through highlighting the personal and socio-cultural processes that underpin them, as well as their intersections with gender, culture and social position.

INVITED SPEAKERS



Michaela Amering, Professor of Psychiatry
Department of Psychiatry and Psychotherapy,
Medical University of Vienna

Michaela Amering is a Professor of Psychiatry at the Medical University of Vienna, Department of Psychiatry and Psychotherapy, with a focus of interest on psychosis, and the development of the families' and the users' movements. Her experience also includes work in community psychiatry and research in the UK and USA. She is currently chairing the WPA Section on 'Public Policy and Psychiatry'; she serves as secretary of the EPA Section on 'Womens' Mental Health' and is an executive board member of the World Association of Social Psychiatry.



Ole Dreier, Professor Emeritus
Department of Psychology, *University of Copenhagen*

Ole Dreier is Professor Emeritus at the University of Copenhagen and professor II at Lillehammer University College, Norway. His research background is in critical psychology where his work centers on the conception of the person and on practice research. He is particularly interested in researching processes of change and learning in relation to social practices of therapy, health care and education and in reconceptualising these processes and practices within the framework of the conduct of everyday life of the persons involved.



Laurence J. Kirmayer, M.D., FRCPC, James McGill Professor & Director
Division of Social and Transcultural Psychiatry,
Department of Psychiatry, *McGill University, Canada*.

Laurence J. Kirmayer, M.D., FRCPC, is James McGill Professor and Director, Division of Social and Transcultural Psychiatry, Department of Psychiatry, McGill University. He is Editor-in-Chief of Transcultural Psychiatry, and Director of the Culture & Mental Health Research Unit at the Institute of Community and Family Psychiatry, Jewish General Hospital in Montreal, where he conducts research on mental health services for immigrants and refugees, psychiatry in primary care, the mental health of indigenous peoples and the anthropology of psychiatry. He has researched and published extensively in the field of transcultural psychiatry His current research projects include culturally based, family centered mental health promotion for Aboriginal youth, the development of a web-based multicultural mental health resource centre and the use of the cultural formulation in cultural consultation. He is Chair of the Section of Transcultural Psychiatry of the Canadian Psychiatric Association and he has received a CIHR senior investigator award, a presidential commendation for dedication in advancing cultural psychiatry from the Canadian Psychiatric Association, and both the Creative Scholarship and Lifetime Achievement Awards from the Society for the Study of Psychiatry and Culture.

INVITED PANEL

THE EFFECTS OF THE ECONOMIC CRISIS ON MENTAL HEALTH IN GREECE

- **Greece in crisis and mental health**
Katerina Matsa
- **The impact of socio-economic crisis on mental health of children and adolescents**
Jenny Soumaki
- **Impact of socioeconomic crisis on mental health in Greece**
Stelios Stylianidis
- **Greek mental health professionals reflect on their work in the midst of austerity and socioeconomic crises**
Sofia Triliva

CONFERENCE PROGRAMME

S U M M A R Y V E R S I O N

Tuesday 2 September

	POSEIDON LECTURE THEATRE	SOCRATES HALL	PYTHAGORAS HALL	DEMOKRITUS HALL
16.00-17.00	REGISTRATION & WELCOME COFFEE			
17.00-18.30		Symposium: Relational mind: Combining observations of participants' autonomic nervous system responses, non-verbal interaction, conversation, and inner dialogue in two important moments within a couple therapy session	Symposium: Stabilities and transitions between them: Practices and actor networks in addiction and recovery	Thematic session: Psychoanalytic perspectives in mental health research
18.30-20.00	Welcome Keynote address: <i>Michaela Amering</i>			
20.00	WELCOME RECEPTION			

Wednesday 3 September

	POSEIDON LECTURE THEATRE	SOCRATES HALL	PYTHAGORAS HALL	DEMOKRITUS HALL
9.00-10.30	Symposium: The family semantic grids: A research tool stemmed from clinical practice	Symposium: The role of researcher's reflexivity in qualitative research	Thematic session: Engaging users and carers in mental health services	Thematic session: Exploring distressing experiences
10.30-11.00	COFFEE BREAK			
11.00-12.30	Symposium: The dialectic of research-based practice and practice-based research in psychoanalytic psychotherapy: the impact of qualitative methodology	Symposium: Evaluation of mental health services	Symposium: <i>"There are more things in heaven and earth, Horatio, than are dreamt of in your philosophy"</i> : Making sense of anomalous experiences	Thematic session: Collaborative trends in mental health practice and research
12.30-13.30	Keynote address: <i>Ole Dreier</i>			
13.30-14.30	LUNCH BREAK			
14.30-16.00	Symposium: Psychiatric discourse and child mental health	Symposium: Exploring professional experiences and practices in the context of socio-economic and work-related crises	Thematic session: Recovery	Thematic session: Discourses of mental distress
16.00-16.30	COFFEE BREAK			
16.30-18.00	Symposium: How (not) to be an agent: Displaying agency problems in therapy talk	Symposium: Socio-economic inequalities in mental health: A qualitative approach	Thematic session: Practitioner perspectives I	Thematic session: Examining mental health practices I
18.00-19.00	Thematic session: Beyond language in mental health research	Thematic session: Discourses and practices of depression	Thematic session: Practitioner perspectives II	Thematic session: Examining mental health practices II
19.00-20.00	POSTER SESSION			
20.30	GALA DINNER			

Thursday 4 September

	POSEIDON LECTURE THEATRE	SOCRATES HALL	PYTHAGORAS HALL	DEMOKRITUS HALL	THEOPHRASTOS HALL
9.00-10.30		Symposium: Diagnostic culture I	Symposium: Understanding agency and resistance: Children in situations of domestic abuse	Thematic session: Women and depression	Invited panel The effects of the economic crisis on mental health in Greece
10.30-11.00	COFFEE BREAK				
11.00-12.30		Symposium: Diagnostic culture II	Symposium: Personal experiences of coercion in the community: International perspectives from the view-point of family carers and health professionals	Thematic session: Exploring psychotherapy practices	
12.30-13.30	Keynote address: <i>Laurence Kirmayer</i>				
13.30-14.30	LUNCH BREAK				
14.30-16.00		Symposium: The couple therapy of Victoria and Alfonso – different readings afford multiple perspectives	Symposium: Creating a space for constructive mental health practice	Thematic session: Medical discourse in mental health practice	
16.00-17.00			Thematic session: Users' experience of mental health care	Thematic session: Culture and mental health	
17.00-17.30	COFFEE BREAK				
17.30-18.30	POSEIDON LECTURE THEATRE				
	Closing session: Towards QRMH6?				

REGISTRATION

REGISTRATION*	AFTER MAY 17 / ON SITE
Regular Delegates (single room @ MAICH)	€330

The registration fee includes:

- Hotel Accommodation during the conference (2 nights / breakfast included)
- Conference Material
- Conference Sessions
- Coffee Breaks & Light Lunches during the 2day sessions
- Welcome Reception / - Gala Dinner

* Registration fees include 2 nights' accommodation in a single room (with breakfast) at MAICH conference venue. Room allocation among different room types in Maich will be based on priority of participants' paid registration.

** Delegates who wish to reserve a different type of room (e.g. double or twin) or wish to extend their stay beyond the 2 nights included in the registration package, are kindly requested to contact the conference management team (qrmh5@symvoli.gr) in order to be informed about availability and prices.

CONFERENCE SECRETARIAT

Conference secretariat will be at the coffee break area outside Pythagoras and Socrates Amphitheaters, and will operate during the following hours:

- **Tuesday, 02/09/2014** 16:00-20:00
- **Wednesday, 03/09/2014** 08:30-20:30
- **Thursday, 04/09/2014** 08:30-18:30

You can also contact the secretariat at: T: 6937 327774 | E-mail: qrmh5@symvoli.gr



SYMVOLI
CONFERENCE
& CULTURAL
MANAGEMENT

SYMVOLI-Conference and Cultural Management LTD was founded in 1995 to meet the needs of the scientific community of Thessaloniki for professional support in seminar and conference organizing. Over the past 20 years,

SYMVOLI has organized more than 250 successful national and international scientific conferences, seminars, social and cultural events

SYMVOLI-Conference & Cultural Management LTD

3 Venizelou str., Stoa Levi, GR-546 24 Thessaloniki, Greece

T +30 2310 433099 • F +30 2310 433599 • www.symvoli.gr • info@symvoli.gr

PRESENTATIONS TECHNICAL SECRETARIAT

The time allocated for oral presentations is **20 minutes**, consisting of 15 minutes for the presentation and followed by a maximum of 5 minutes for questions and discussion. In order to keep the conference on schedule and accommodate delegates who want to move between sessions, chairs are asked to strictly enforce the time schedule.

Delegates are kindly requested to check the final programme in order to confirm the allocated **time** and **hall** for their presentation, as well as to be informed about the chair and co-chair of their session. They are also advised to make their presence known to one of the chair persons before the session starts and to be present during the entire session in which their presentation is scheduled.

All oral presentations must be pre-loaded onto the conference server prior to your lecture at the **Technical Secretariat** (operating within the Conference Secretariat), the day before or at least two (2) hours before each presentation with a CD or USB stick. Personal laptops are not allowed.

POSTER SESSION

Poster presentations are held in the coffee break area on Wednesday evening, September 3, from 19:00 to 20:00.

- **Setup:** You may set up your poster any time between 16:30 and 17:30 that day. The secretariat will be there to assist you.
- **Size and Shape:** All posters are displayed on a floor standing fabric-covered bulletin board with 1 presentation per side. The poster presentation boards are 0.70 meters WIDE by 1.50 meters HIGH and, allowing for the frame, each presenter will have 0.65 x 1.45 meters for his or her display.
- **What to Bring:** You should bring the printed content, but you **DO NOT** need to bring the poster board itself or pins for attaching your poster components. The secretariat will supply the poster board and plenty of pins.

LANGUAGE / INTERNET ACCESS

All the announcements will be presented in English. There will be no simultaneous translation in other languages.



High-speed wireless internet access is available in all areas of the conference venue.

HOST CITY | CHANIA



The city of Chania is located on the north-east coast of the Prefecture of Chania. It is the capital of the prefecture and its administrative, economic, commercial and transportation centre. It has a population of over 60.000 residents and is built over the ruins of the ancient city of Kydonia. Since ancient times, the city of Chania has faced many conquerors and bears the influences of many civilizations through time, evident in the city monuments. The beautiful city of Chania managed to preserve its historical character, despite the fast-growing tourist industry. It is considered as one of the most beautiful cities of Greece and the most picturesque city of Crete. The city of Chania is also characterized by a rich cultural life. A plethora of cultural events are organized every year (exhibitions, festivals, theatrical and musical performances, ect.)

The city has an airport and the port of Souda, the largest natural port of the Mediterranean.

The Municipal Market is one of the most central spots in the city, hosted in a 1913 building. A short distance from the centre there is the Municipal Garden and next to it the park “Eirinis kai Filias” (meaning, the “park of peace and friendship”).

The Venetian port provides pleasant promenades through picturesque streets and attracts many visitors throughout the year. There are also many bars and restaurants by the seaside, catering for every taste. The districts of the city outside the walls still preserve their Venetian nobility. Narrow passages surrounded by elegant houses built in different historical periods offer visitors pleasant routes to discover. Many neoclassic buildings are also preserved in neighboring districts, such as in “Halepa”.

THE VENUE



International Centre for Advanced Mediterranean Agronomic Studies (CIHEAM)

Mediterranean Agronomic Institute of Chania

The MAICh will be the conference venue and the main accommodation venue.

MAICh is the 4th constituent institute of **CIHEAM, the International Centre for Advanced Mediterranean Agronomic Studies**, an Intergovernmental Organisation which was founded at the joint initiative of the OECD and the Council of Europe on 21 May 1962 under an agreement signed by the governments of seven southern European countries: France, Greece, Italy, Portugal, Spain, Turkey and Yugoslavia.

The 1962 agreement establishing the Centre stipulates that CIHEAM's mission consists in *“providing supplementary education (economic as well as technical) and developing a spirit of international cooperation among agricultural personnel in Mediterranean countries”*. According to article 15 of this agreement, every country on the Mediterranean rim is potentially eligible for membership of CIHEAM.

In the mid nineteen-eighties CIHEAM therefore began to open up to countries on the southern and eastern shores of the Mediterranean Basin. This initiative resulted in the accession of several new Member States: Tunisia (1985), Egypt and Algeria (1986), Malta (1989), Morocco (1991), Albania (1992) and Lebanon (1994).

CIHEAM is made up of four Mediterranean Agronomic Institutes (MAIs), located in Bari (Italy), Chania (Greece), Montpellier (France) and Zaragoza (Spain), and a General Secretariat based in Paris.

Since 1986, and as the 4th constituent institute of CIHEAM, MAICh pursues its three main complementary missions through

- post-graduate specialised education
- networked research
- facilitation of regional debate

with focus in the fields of Business Economics and Management, Geoinformation in Environmental Management, Horticultural Genetics and Biotechnology, Food Quality and Chemistry of Natural Products, Sustainable Agriculture, and has established itself as an authority in Mediterranean agriculture, Food and Rural Development.



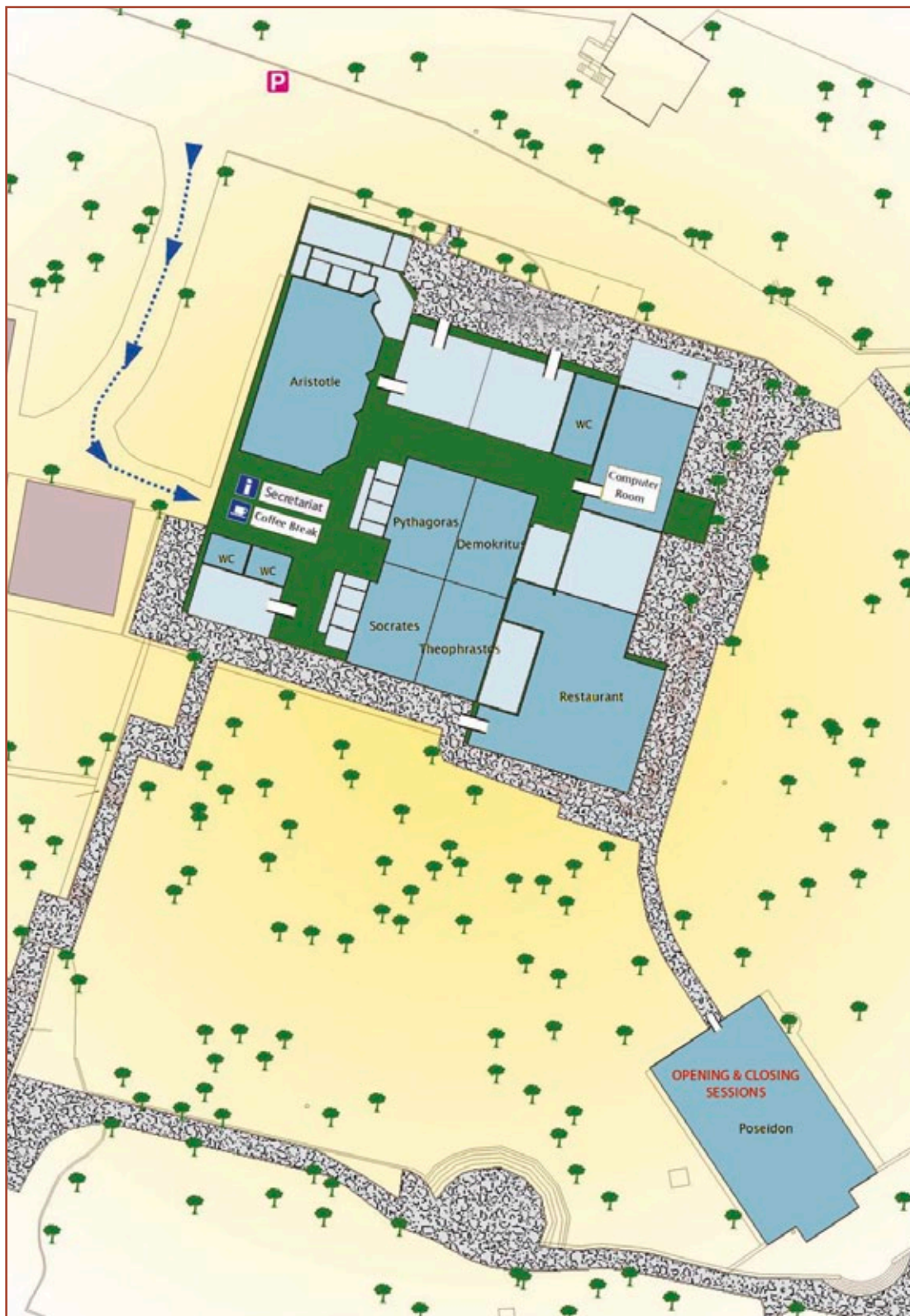
THE CONFERENCE CENTER

A Conference Center conceived with respect to the environment, dedicated to accommodate Academic and Research Conferences, Seminars, Workshops, Summer Schools with a full range of integrated organisational support services



The Conference Center of MAICh, with its versatile design combines first class standards of comfort and service with the latest technology in a prestigious location. It is situated in a picturesque, typical Mediterranean pine-tree forest setting, 3 km south-east of the city of Chania, 13 km from the international airport and 1 km from the port. Established in 1990, it satisfies the requirements of very sophisticated and advanced conferences; accommodates seminars, symposiums, meetings and presentations; and hosts simultaneously or independently exhibitions and poster sessions

The conference halls are supported by all modern audio-visual equipment, including video, overhead and slide projectors, large screens, simultaneous interpreting system, video recorders, cordless microphones, exhibition stands, video and tape recording, internet (also wireless access), email access in different places and technical support.



CONFERENCE ACCOMMODATION

@ MAICH

Address: Alsyllio Agrokepio, 1 Makedonias str, PO Box 85, Chania 73100, Crete

Telephone: 28210 35000

Accommodation in the MAICH includes luxurious stone houses in the Conference campus that can host a limited number of participants, student dormitories and “attic-rooms” in the student dormitories building.



@ CHANIA CITY CENTER

AKALI HOTEL

Address: 55, Kissamou str.,
Chania 73131 – Crete

Telephone: 28210 92872-5

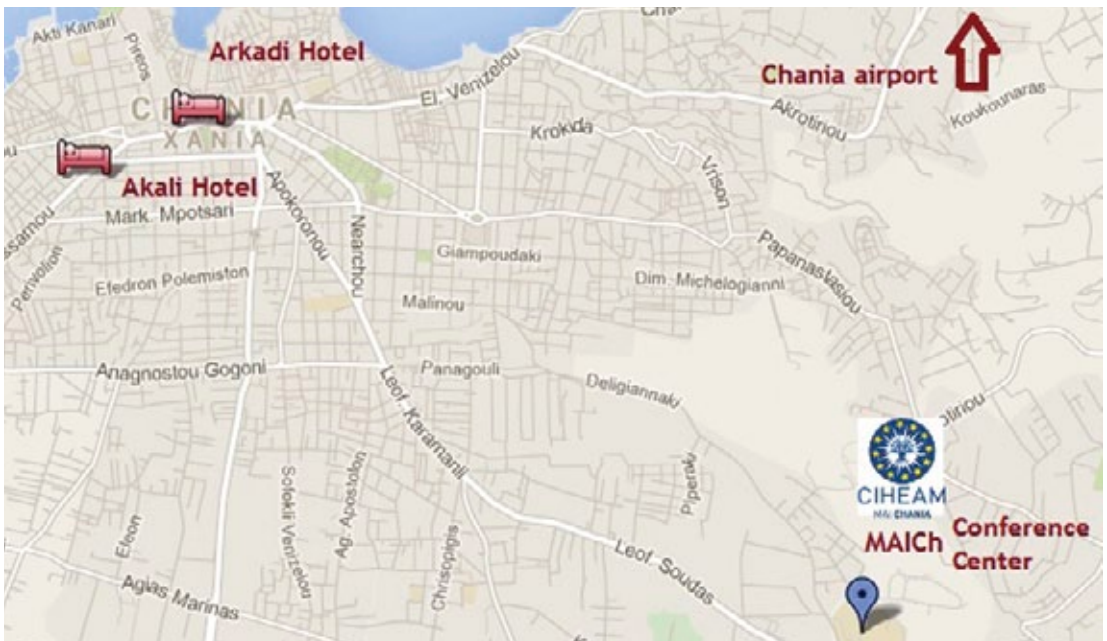
www.akali-hotel.gr • info@akali-hotel.gr

ARKADI HOTEL

Address: 1866 Square,
73100 Chania- Crete

Telephone: 28210 92418

www.arkadi-hotel.gr • info@arkadi-hotel.gr



TRANSPORTATION

MAICh is located 3 km south-east of Chania city centre, 13 km from the airport and 2 km from the port of Souda.

Transportation from Chania International Airport to the Conference Venue

- **TAXI:** the best way to reach MAICh from the airport is to take a taxi. There is no direct line connecting MAICh with the airport. The taxi costs approximately 25,00€ - 28,00€. There is a taxi station just across the exit of arrivals at the airport so you don't have to book a taxi ahead.
- **BUS:** there is a local bus that can take you to the Central Bus Station in the city center (KTEL) from the airport (you can find the timetable at West Crete Bus Service website <http://bus-service-crete.com>). Bus tickets from airport to Chania city centre cost 2.30€. Then you can take a taxi from the city center and come to MAICh. The cost is approximately 10,00€. There is a taxi station at the 1866 square about 30 meters away from the exit gate at the bus station (KTEL) on your right. In general, the timetable that connects MAICh with the city center (AGORA-the terminal stop as well as the departure stop from the city center to MAICh) can be found in the Chania City Bus website (www.chaniabus.gr)

Transportation from Chania (city centre) to the Conference Venue

- **TAXI:** the easiest way to be transferred to MAICh is by taxi and the cost is approximately 7,00€-10,00€.
- **BUS:** the city center of Chania can be reached by bus No13. Buses leave every 20min and the bus stop is located outside the MAICh premises on the main street (Souda Avenue). Tickets cost 1.20€ one way and will be available for purchase at MAICh's Restaurant. Please take into consideration that when the ticket is purchased on the bus the price rises for 0,50€.

Conference Transportation for Delegates

Coach bus transfer from Chania to and from the conference venue is offered to delegates staying in Chania, twice a day. Please see the timetable below:

TUESDAY 02/09/2014			
15:30	Chania	21:30	MAICh (may change depending on demand)
WEDNESDAY 03/09/2014			
8:30	Chania	23:00	MAICh (may change depending on demand)
THURSDAY 04/09/2014			
08:30	Chania	19:00	MAICh

* The coach bus transfer is provided only for participants staying in Akali @ Arkadi hotel in Chania. The bus voucher that you will find in your hotel room is required for every transportation and is valid only for one person.

ACCOMPANYING PEOPLE @ SOCIAL EVENTS

In case accompanying people would like to attend the Welcome Reception, the Gala Dinner or the light lunches, special coupon tickets are available at the conference secretariat.

Prices are (per person) as follows:

Lunch 12€ / Welcome Reception 15€ / Gala Dinner 25€

TOURS & EXCURSIONS

Please contact the conference secretariat to register for the tours

Friday, September 5th Gramvousa & Balos cruise



Departure time: 8:00 from Chania

Duration: approximately 10h

Price: 40,00€ pp / Includes transfer from and to Chania, boat ticket

Boat trip to the island of Gramvousa (Venetian fort, ancient chapel). Swimming in the crystal clear waters. Second stop at the lagoon of Balos for more swimming.

A unique excursion you can't afford to miss, jump aboard our cruiser to reach the fortified island of Gramvousa, Crete's northwest peninsula that is domineered by its late 18th Century cross cultural Venetian/Turkish Castle & Ancient Chapel perched 137 meters high. Here we can unravel the geological phenomenon and the tilting of Crete western rising and eastern sinking whilst cruising close to its peninsula.

IMPORTANT NOTE: The excursion does not have a live guide, instead, while the boat is sailing there is a pre-recorded message playing in various languages with all the necessary information for those on board. Environmental fee of €1,00 per person for Gramvousa is not included and must be paid for directly on the spot.

Friday, September 5th

Samaria Gorge excursion



Departure time: 6:00 from Chania

Duration: approximately 14h

Price: 25,00€ pp / Includes English speaking guide, transfer from and to Chania

Crossing the gorge of Samaria is more like an adventure than a tour. Reaching the plateau of Omalos at an altitude of 1000m at the foot of the White Mountains is where the adventure begins.

A walkers paradise, or for those wanting a great challenge, the Samaria Gorge with its Iron gates (narrowest point) awaits you. The largest gorge in Europe offers a spectacular 18k walk. Its National Park once declared a nature reserve in 1962 and proclaimed in 1980 one of the greatest areas to nature, full of wild species & rich natural flora & fauna. The rail leads south through a wonderful terrain and exits at the south coast of Crete that is drenched by the Libyan Sea at Agia Roumeli.

A small boat ride from Agia Roumeli, to either Chora Sfakion or Sougia concludes the tour, for the return by coach.

Fees not included in the tour - must be paid directly on the spot:

Entrance fee to the gorge 5.00€ • Boat ticket 10.00€

Tuesday, September 2nd | 10:00-13:00

Welcome City Tour: A taste of Chania



Duration: 3h

Price: 38,00€ pp for minimum 8 pax. Maximum participation: 15 pax / Includes food specialist guide, food & beverages sampling

This three hour food tour combines a walking tour through some of the most picturesque parts of Chania while stopping to taste authentic traditional foods at shops along the way. You will enjoy

a unique blending of local food culture, tradition and history as you explore Chania with all your senses.





CONFERENCE TIMETABLE



16.00-17.00 Registration Welcome coffee

17.00-18.30

17.00-18.30 | SYMPOSIUM

Relational mind: Combining observations of participants' autonomic nervous system responses, non-verbal interaction, conversation, and inner dialogue in two important moments within a couple therapy session

Organizer: *Virpi-Liisa Kykyri* @ *Maria Borcsa* • Discussant: *Maria Borcsa*

- **A case study of stress, relaxation and arousal between participants in couple therapy**
Anu Karvonen, Virpi-Liisa Kykyri, Jaakko Seikkula @ *Markku Penttonen*
- **The nonverbal synchronization between participants in important moments in couple therapy**
Petra Nyman, Anu Karvonen, Virpi-Liisa Kykyri, Jaakko Seikkula @ *Markku Penttonen*
- **Emotions, discourse, positionings, and relationship negotiations in intense moments in couple therapy**
Katja Kurri, Jarl Wahlström, Anu Karvonen, Virpi-Liisa Kykyri, Jaakko Seikkula @ *Markku Penttonen*
- **Capturing the inner dialogue in two important moments of couple therapy**
Virpi-Liisa Kykyri, Anu Karvonen, Jaakko Seikkula, Markku Penttonen @ *Jukka Kaartinen*

17.00-18.30 | SYMPOSIUM

Stabilities and transitions between them: Practices and actor networks in addiction and recovery

Organizers: *Ottar Ness, Tanya Mudry* @ *Tom Strong* • Discussant: *Rolf Sundet*

- **Mangles, pips, and conflictual behaviours: Recognizing and transcending stabilized interactions?**
Tom Strong
- **The addiction is in the practice: examining components of addictive behaviours using a practice ecology framework**
Tanya Mudry
- **Natural recovery: moving beyond problematic practices to more preferred practices and networks**
Ottar Ness

17.00-18.30 | THEMATIC SESSION

Psychoanalytic perspectives in mental health research

Chair: Ruth Inslegers

- **Creating a space for the unconscious in discursive approaches to research: reflections on constructing a psychosocial account of the body**
Julianna Challenor
- **Reverie in qualitative interviewing as a means of deepening our understanding of adolescent depression**
Joshua Holmes
- **How do residents change throughout their stay in a democratic Therapeutic Community? A focus group study with 24 former TC residents**
Virginie Debaere
- **A qualitative systematic single case study on the dynamics between the patient's discourse and the therapist's interventions**
Ruth Inslegers, Reitske Meganck & Jochem Willemsen

18.30-20.00

18.30-19.00 | WELCOME

Chairs: Evrinomi Avdi, Eugenie Georgaca

19.00-20.00 | KEYNOTE ADDRESS

Recovery – a human right?

Michaela Amering

Chair: Hugh Middleton

20.00 WELCOME RECEPTION

WEDNESDAY, SEPTEMBER 3rd

09.00-10.30

09.00-10.30 | SYMPOSIUM

The family semantic grids: A research tool stemmed from clinical practice

Organizer: Valeria Ugazio • Discussant: Evrinomy Avdi

- **The narrated stories in the therapeutic conversation**
Lisa Fellin, Valeria Ugazio @ Attà Negri
- **Semantics in the therapeutic relationship**
Daniele Castelli @ Valeria Ugazio
- **Semantics polarities in couple therapy conversations**
Stella Guarnieri @ Valeria Ugazio

09.00-10.30 | SYMPOSIUM

The role of researcher's reflexivity in qualitative research

Organizer: Evangelia Fragkiadaki • Discussant: Manolis Dafermos

- **Being a researcher-practitioner: the role of reflexivity in case study methodology**
Fragkiadaki Evangelia @ Triliva Sofia
- **Reflecting on what I learned: self and systemic training through arts-based experiential exercises**
Achileas Prokopiou @ Sofia Triliva
- **Reflexivity and meaning making within the context of a narrative biographical inquiry**
Philia Issari @ Vassiliki Labridou

09.00-10.30 | THEMATIC SESSION

Engaging users and carers in mental health services

Chair: Hugh Middleton

- **Social Support for Mental Health**
Jonathan Leach
- **Supporting the support system? Young adults, family diseases and the welfare state. Experiences from Canada and Germany.**
Marion Schnute
- **User and family members' involvement in change management in a mental health context in Greece**
Panagiotis Chondros @ Stelios Stylianidis
- **What Heidegger can teach us about patient- and family centered healthcare?**
Mijung Park

09.00-10.30 | THEMATIC SESSION

Exploring distressing experiences

Chair: Eugenie Georgaca

- **Qualitative studies of unusual beliefs or delusions: Recent developments and future directions**
David Harper
- **Distancing in the stories of fatherly suicide**
Justyna Ziółkowska @ Dariusz Galasiński
- **Eating Disorders in the course of life: Modelling change versus analyzing biography**
Félix Díaz Martínez, Natalia Solano Pinto, Irene Solbes Canales @ Sonsoles Calderón López

10.30-11.00 COFFEE BREAK

11.00-12.30

11.00-12.30 | SYMPOSIUM

The dialectic of research-based practice and practice-based research in psychoanalytic psychotherapy: the impact of qualitative methodology

Organizer: *Jeremy Holmes* • Discussant: *Nick Midgley*

- **Freud, N=1, and the uses of psychoanalytic therapy as a qualitative research database**
Richard Mizen @ Frances Gillies
- **Introducing experienced therapists to qualitative research methods and findings: a focus group study**
Janet Smithson @ Jeremy Holmes
- **Observing Institutions. Working with everyday life materials**
Nicholas Sarra

11.00-12.30 | SYMPOSIUM

Evaluation of mental health services

Organizer: *Stelios Stylianidis*

- **Evaluation of human resources and organizational culture in a mental health organization**
Panagiotis Chondros, Stelios Stylianidis, N. Symeonidis @ Michalis Lavdas
- **Quality of care and protection of rights of people with mental disabilities in supported housing facilities**
Panagiotis Chondros, Stelios Stylianidis, X. Varvaresou, A. Antoniou @ M. Graikousi
- **Weakening of the mental health professionals of EPAPSY within the socioeconomical crisis**
Stelios Stylianidis @ Klimis Navridis

11.00-12.30 | SYMPOSIUM

“There are more things in heaven and earth, Horatio, than are dreamt of in your philosophy”: Making sense of anomalous experiences

Organizer: Elizabeth C. Roxburgh

- **Reframing voices and visions using a spiritual model: an interpretative phenomenological analysis of anomalous experiences in mediumship**
Elizabeth C. Roxburgh @ Chris Roe
- **A counselling approach to mediumship: adaptive outcomes of grief following an exceptional experience**
Rachel Evenden, E. Evenden, Callum, E. Cooper, @ Graham Mitchell
- **Exploring the meaning in meaningful coincidences**
Elizabeth C. Roxburgh @ Sophie Ridgway
- **Counselling for anomalous experiences**
Elizabeth C. Roxburgh @ Rachel Evenden

11.00-12.30 | THEMATIC SESSION

Collaborative trends in mental health practice and research

Chair: Naomi James

- **Shared decision-making in acute, inpatient mental health care**
Gemma Stacey, Bob Diamond, Anne Felton, Alastair Morgan, Martin Willis, Theodore Stickley, Philip Houghton, Beverly Johnson @ John Demenya
- **Exploring collaborative psychiatric medication management – Findings from a Ph.D study**
Emma Kaminskiy
- **What’s at stake in stakeholder research? the challenge of knowledge synthesis in making sense of decision making under uk mental health law**
Charlotte Scott
- **What we don’t hear when we listen – the practicalities of conducting research in public mental health services with adolescents.**
Sarah-Jane Fenton

12.30-13.30

12.30-13.30 | KEYNOTE ADDRESS

Interventions in everyday lives

Ole Dreier

Chair: Jarl Wahlström

13.30-14.30 LUNCH BREAK

14.30-16.00

14.30-16.00 | SYMPOSIUM

Psychiatric discourse and child mental health

Organizer: David Giles

Discussant: Svend Brinkmann

- **Beyond stabilities and progressive enfeeblement in families' identity work where children's mental health discourse has featured**
Tom Strong
- **Constructions of self-harm and normality by young people on online forums**
Janet Smithson
- **Autism, diagnostic categories and demonic possession**
David Giles
- **Find the hidden object: uncovering the presuppositions of psychological assessments in interaction with children with a learning disability**
Alessandra Fasulo @ Janhavi Shukla

14.30-16.00 | SYMPOSIUM

Exploring professional experiences and practices in the context of socio-economic and work-related crises

Organizer: Philia Issari • Discussant: Evangelia Fragkiadaki

- **Studying mental health practices in crisis. An institutional ethnography**
Eirini Grigoriadou @ Eugenie Georgaca
- **Studying mental health work experiences & practices in the context of socio-economic crisis: a qualitative inquiry**
Jordana Moskofti, Sevasti Testebasi @ Philia Issari
- **Investigation of police officers' attitudes, perspectives and practices regarding individuals in distress**
Stella Karapa @ Eugenie Georgaca
- **Oncology nurses' experience of anxiety: a psychoanalytically informed participant observation study**
Soultana Tsiakou @ Evrinomi Avdi

14.30-16.00 | THEMATIC SESSION

Recovery

Chair: Vilma Hänninen

- **The duality of recovery: The meaning of recovery from the perspective of people coping with mental illness**
Eli Buchbinder @ Nesle Zabari
- **Has recovery practice 'come of age' in England? The extent to which the Care Programme Approach supports service users with recovery**
Dorothy Gould
- **Recovery model and its implementation in psychosocial rehabilitation (psr) residential settings: a Greek experience**
K. Markou, Michalis Lavdas, P. Belekou @ Stelios Stylianidis

- **Alliance for mental health: self help groups against depression within the socioeconomical crisis**
Stelios Stylianidis, Michalis Lavdas @ Panagiotis Chondros

14.30-16.00 | THEMATIC SESSION

Discourses of mental distress

Chair: David Harper

- **A discourse analysis of mental health related news in one Australian newspaper: A 20-year comparison**
Mike Hazelton
- **Murder and Mental Health: the social responsibility of the psychiatric disciplines to reduce personal and social suffering**
Peter Morrall
- **Enhancing equity in community-based mental health care: An intersectionality informed critical discourse analysis**
Marina Morrow
- **Homogeneous spaces and consensual narratives: a foucauldian analysis of a self-help group of parents with ADHD children**
Alessandra Frigerio @ Lorenzo Montali

16.00-16.30 COFFEE BREAK

16.30-18.00

16.30-18.00 | SYMPOSIUM

How (not) to be an agent: Displaying agency problems in therapy talk

Organizer: Jarl Wahlström • Discussant: Evrinomy Avdi

- **How (not) to be an agent**
Jarl Wahlström
- **Constructions of agency in the initial problem formulations of psychotherapy clients**
Heidi Toivonen, Jarl Wahlström @ Katja Kurri
- **Disclaims of agency in semi-mandatory counselling for DD offenders**
Minna-Leena Seilonen @ Jarl Wahlström
- **Conversational positions, moral order and agency constructions in couple therapy**
Katja Kurri

16.30-18.00 | SYMPOSIUM

Socio-economic inequalities in mental health: A qualitative approach

Organizer: Anastasia Zissi • Discussant: Dave Harper

- **A theoretical and research strategy to study inequalities in mental health in contemporary Greece**
Anastasia Zissi

- **Social inequalities and mental distress of mothers raising children with autism: A qualitative approach**
Sophia Mavropoulou, Anastasia Zissi @ Christina Dardani
- **Socially differentiated life trajectories towards and through psychosis: A biographical study**
Eugenie Georgaca @ Anastasia Zissi

16.30-18.00 | THEMATIC SESSION

Practitioner perspectives I

Chair: Linda McMullen

- **The Person Centered Approach as an ideological discourse: A discourse analysis of person-centered counsellors' accounts on their way of being.**
Sophia Sflakidou @ Maria Kefalopoulou
- **Therapists' accounts of relationship break up experiences :A narrative analysis**
Paraskevi Sahpazi @ Sophia Balamoutsou
- **Narrative Analysis of Moral Agency in Possible Selves**
Anneke Sools @ Katharina Meyer
- **Experience of lithuanian chernobyl clean-up workers 27 years after disaster – victims or heros?**
Ieva Povilaitienė @ Dovilė Grigienė

16.30-18.00 | THEMATIC SESSION

Examining mental health practices I

Chair: Naomi James

- **Diagnostic consultations with complex patients in assessment packages**
Camilla Rossen, Niels Buus, E. Stenager @ E. Stenager
- **Studying implicit mentalization**
Annette Sofie Davidsen @ Christina Fogtmann Fosgerau
- **Understanding coping, communication and suicide: evaluating the impact of harm minisation training in self-injury**
Sam Warner
- **Multidisciplinary team meetings in community mental health: What can we learn from other specialties?**
Caoimhe Nic a Bhaird, Isla Wallace, Penny Xanthopoulou @ Rosalind Raine

18.00-19.00

18.00-19.00 | THEMATIC SESSION

Beyond language in mental health research

Chair: Jarl Wahlström

- **Troubling good intentions: Methodological questions in community-based mental health research with transgender and gender nonconforming people”**
Cindy Holmes

- **Crafting a home, a place in the world. using drama as a research method with young mental health care service users**
Saara Jäntti
- **Re-visioning disrupted identities: through who's eyes?**
Naomi James

18.00-19.00 | THEMATIC SESSION

Discourses and practices of depression

Chair: Dariusz (Darek) Galasiński

- **Talk of depression in accounts of being prescribed antidepressants off-label**
Linda M. McMullen
- **The experience of parenting an adolescent with depression**
Emily Stapley, Nick Midgley @ Mary Target
- **Attitudes of the general public and general practitioners towards the use of light therapy as a treatment for depression in primary care.**
Jacqueline Walsh, Gurprit Lall @ Sarah Corlett

18.00-19.00 | THEMATIC SESSION

Practitioner perspectives II

Chair: Vilma Hänninen

- **How do care homes manage challenging behaviour in dementia: a pilot study**
Charlotte Mallon, Shivaun Gammie @ Janet Krska
- **Therapists' perspectives on using case formulation**
Dawn Leeming, Jo Brooks, Viv Burr @ Mike Lucock
- **The more things stay the same the more they change? How practitioners understand the purpose of Supervised Community Treatment**
Hannah Jobling

18.00-19.00 | THEMATIC SESSION

Examining mental health practices II

Chair: David Harper

- **Challenges to providing high-quality multidisciplinary care in community mental health**
Caoimhe Nic a Bhaird, Penny Xanthopoulou, Isla Wallace @ Rosalind Raine
- **“Constraining is therapeutic”: exploration of a clinical a priori in the management of “difficult adolescents” in France**
Yannis Gansel
- **Confinement and psychiatric practices in French high-security units**
Livia Velpry @ Benoît Eyraud

19.00-20.00 POSTER SESSION

20.30 GALA DINNER

THURSDAY, SEPTEMBER 4th

09-00-10.30

09.00-10.30 | SYMPOSIUM

Diagnostic culture I

Organizer: Svend Brinkmann • Discussant: Anders Petersen

- **Diagnoses as semiotic mediators in a diagnostic culture**
Svend Brinkmann
- **The (un)certainly of diagnosis in a diagnostic culture**
Anders Petersen
- **Subjectivity and diagnosis: a view from material semiotics**
Rasmus Hoffmann Birk

09.00-10.30 | SYMPOSIUM

Understanding agency and resistance: Children in situations of domestic abuse

Organizer: Jane Callaghan • Discussant: Jane Callaghan

- **Growing up with violence: discourses of childhood in situations of domestic abuse**
Jane Callaghan, Judith Sixsmith, Joanne Alexander, Lisa Fellin @ Sarah Armstrong-Hallam
- **Understanding the policy context of domestic violence: perspectives on children**
Judith Sixsmith, Stephen Symons, Jane Callaghan, Maria Papathanassiou @ Stavroula Mavrou
- **“Witness” to violence? Agency and resistance in children’s accounts of domestic abuse**
Jane Callaghan, Joanne Alexander, Judith Sixsmith @ Lisa Fellin
- **Children in situations of domestic abuse: carers’ perspectives**
Jane Callaghan, Kiki Deliyianni-Kouimtzi, Joanne Alexander, Judith Sixsmith @ Lisa Fellin

9.00-10.30 | THEMATIC SESSION

Women and depression

Chair: Linda McMullen

- **Agency and gender negotiations in women’s burnout processes**
Sanna Rikala
- **A hard pill to swallow: a narrative analysis of young women’s experiences of taking antidepressants**
Celine Wills
- **Intensive worry about another person as an element in women’s depression**
Anne-Maarit Turunen @ Vilma Hänninen
- **Practicing mental health: Qualitative approaches to investigating services and interventions. Thinking through the embodied mind in women’s recovery from depression**
Simone Fullagar

09.00-10.30 | INVITED PANEL

The effects of the economic crisis on mental health in Greece

Chair: Evrinomi Avdi & Eugenie Georgaca

- **Greece in crisis and mental health**
Katerina Matsa
- **The impact of socio-economic crisis on mental health of children and adolescents**
Jenny Soumaki
- **Impact of socioeconomic crisis on mental health in Greece**
Stelios Stylianidis
- **Greek mental health professionals reflect on their work in the midst of austerity and socioeconomic crises**
Sofia Triliva

10.30-11.00 COFFEE BREAK

11.00-12.30

11.00-12.30 | SYMPOSIUM

Diagnostic culture II

Organizer: Mikka Nielsen • Discussant: Tom Strong

- **Depression: a state of being bodily distuned in the world**
Mette Rønberg
- **Grief as a mental disorder**
Ester Holte Kofod
- **Striving for the unknown normal: to understand oneself through an ADHD diagnosis**
Mikka Nielsen

11.00-12.30 | SYMPOSIUM

Personal experiences of coercion in the community: International perspectives from the view-point of family carers and health professionals

Organizer: Jorun Rugkåsa

- **Family carers and coercion in the community**
Jorun Rugkåsa
- **Coercion contexts in the community: The interplay between formal and informal coercion**
Stefan Sjöström

11.00-12.30 | THEMATIC SESSION

Exploring psychotherapy practices

Chair: *Evrinomi Avdi*

- **A phenomenological exploration of helpful factors in body-oriented psychotherapy for schizophrenia: preliminary results**
Laura Galbusera @ Lisa Fellin
- **Reconstructing “psychosis”. A discourse analysis of subject positions in a systemic family therapy**
Anna Mylona @ Evrinomi Avdi
- **Qualitative research on couple treatment in intimate partner violence**
Juha Holma, J. Bunda, A. Rantanen, J. Kytölä, J. Lehto, J. Bunda @ A. Rantanen
- **Increasing responsibility, safety, and trust through a dialogical approach: a case study in couple therapy for psychological abusive behavior**
Berta Vall, Jaakko Seikkula, Aarno Laitila, Juha Holma @ Luis Botella

12.30-13.30

12.30-13.30 | KEYNOTE ADDRESS

Toward a poetics of illness experience: Theory, research and clinical applications

Laurence J. Kirmayer

Chair: *Vilma Hänninen*

13.30-14.30 LUNCH BREAK

14.30-16.00

14.30-17.00 | SYMPOSIUM

The couple therapy of Victoria and Alfonso – different readings afford multiple perspectives

Organizer: *Jarl Wahlström* • Discussant: *Katja Kurri*

- **A therapy process with an intercultural couple: a case reconstruction**
Maria Borcsa
- **Two semantic worlds in search of a co-position**
Valeria Ugazio @ Lisa Fellin
- **Dominant story, power and positioning in couple therapy**
Helena Päivinen @ Juha Holma
- **Fostering dialogue: exploring the therapists’ discursive contributions**
Evrinomy Avdi
- **‘Alfonso doesn’t like carpets’ - on constructing a joint form of life**
Jarl Wahlström

14.30-16.00 | SYMPOSIUM

Creating a space for constructive mental health practice

Organizer: Lorena Georgiadou

- **Nurses as masters of ceremonies**
Liz Taylor
- **A powerful practice: Supervision as an enabling process of subjectification**
Jessica MacLaren
- **Looking on the bright side: Benefits of intercultural counseling**
Lorena Georgiadou

14.30-16.00 | THEMATIC SESSION

Medical discourse in mental health practice

Chair: Eugenie Georgaca

- **A systematic review and critique of qualitative text analyses of nursing records**
Niels Buus @ Bridget Hamilton
- **'Doing fence-sitting': a discursive analysis of clinical psychologists' constructions of mental health**
Axel Lofgren, Roshan das Nair @ Vanessa Hewitt
- **Medicalizing tensions in training and supervising counsellors**
Tom Strong
- **Narcissistic personality disorders (npd) and DSM-5: deconstructing the scientific debate**
Katia Romelli @ Monica Colombo

16.00-17.00

16.00-17.00 | THEMATIC SESSION

Users' experience of mental health care

Chair: Dariusz (Darek) Galasiński

- **Hopelessness or Helplessness? What can qualitative data teach us about understanding suicide outside the care of Health Care Services**
Sharon Mallon, Karen Galway, Janeet Rondon, Lynette Hughes @ Gerard Leavey
- **How do people who have self-harmed experience contact with mental health services in the Emergency Department?**
Sandra Walker
- **Help-seeking in the event of psychological distress: lay knowledge and expectations of psychological therapy**
Susan Brown

16.00-17.00 | THEMATIC SESSION

Culture and mental health

Chair: *Hugh Middleton*

- **How do refugee mothers experience parenting and family life in the UK?**
Aisling Kelly
- **Identity and mental health in a transnational world: a case study of indo-fijian youth in Vancouver, Canada**
Rodrick Lal
- **The importance of language and religion in understanding mental health: A case study of the Gujarati community in Leicester**
Rupal Patel

17.00-17.30 COFFEE BREAK

17.30-18.30

17.30-18.30 | CLOSING SESSION

Towards QRMH6?

Chairs: *Evrinomi Avdi* & *Eugenie Georgaca*

